



# HOW TO WASH YOUR HANDS



## STEP 1

Wet your hands in warm water



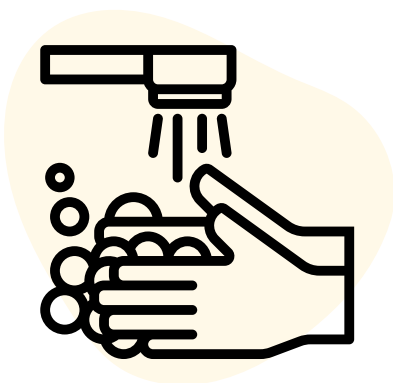
## STEP 2

Apply soap and rub your hands together



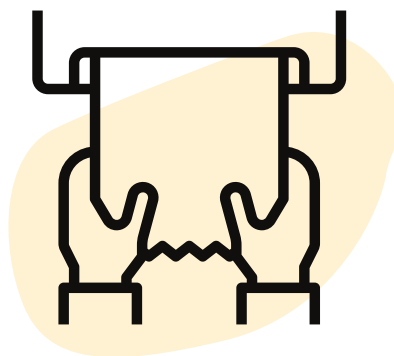
## STEP 3

Wash for 20 seconds (include palms, back of hands, between fingers, under nails)



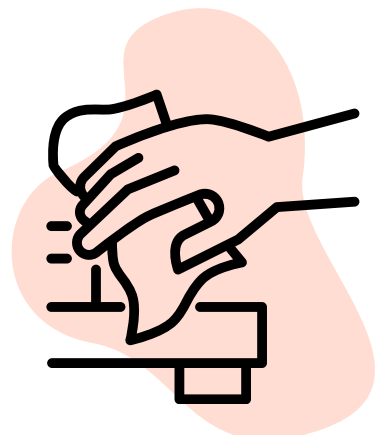
## STEP 4

Rinse well



## STEP 5

Dry hands well with paper towel



## STEP 6

Turn off tap using paper towel